

8-Day Reservation Preservation



DAY 1

San José – D

- Welcome to Costa Rica
- Shuttle bus to eco-friendly hotel
- Group dinner and evening activities

Land at the Juan Santamaría International Airport and soak in the air of the Costa Rican capital city. Our shuttle bus will pick you up straight from the airport and take you to one of our eco-friendly hotels for check-in. Enjoy some city sightseeing and relaxation and make sure to join us for dinner.



DAY 2

Poás Volcano National Park & Escazú - L, D

- Guided historical tour through Escazú
- Night life

Our professional historical guide will take you through Escazú, a province full of history and wealth. It is now the home of several embassies including the U.S. and Britain. You will visit a mask workshop and a traditional sugarcane mill. For lunch, enjoy a delicious meal while listening to traditional Marimba music. At night, enjoy the many bars and restaurants available in the area.



DAY 3

Nicoya Peninsula, Hojanca - B, D

- Community project at Monte Alto Nature Reserve
- Guided biological tour

The next day, a bus will take you to the Nicoya Peninsula. Learn about the community project at Monte Alto with a guided biological tour. Explore the tropical rainforest with its overflow of exotic plant and animal life that will no doubt envelop you in all its magical wonder. After dinner, enjoy a multimedia speech given by the director or the Reserve.



DAY 4 & 5

Mirador & Nicoya Peninsula & Sámara and Carillo beaches - B, D and B, D

- Volunteering
- Hiking
- Beach activities
- Visit the 2nd oldest colonial church

On the fourth and fifth day through noon, the group will continue volunteering at the Reserve. Again, choose between repairing old paths and buildings with the local Park Rangers or teaching English in schools near the Reserve. On the afternoon of Day 5, there are many activities to pick from. You can hike to the Mirador to see the Reserve and coffee plantations. You can visit Nicoya, where there is the 2nd oldest colonial church. Afterwards, visit the Sámara or Carillo beaches, where you can choose** to go kayaking, snorkeling, paragliding, or swimming.



DAY 6 & 7

Nicoya, Arenal Volcano National Park & La Fortuna Waterfall - B, L and B, D

- Boat tour through Gulf of Nicoya mangroves
- Hiking
- Lava observation
- Horseback riding

From San Pablo, take a boat tour through the Gulf of Nicoya mangroves to observe the water birds and crocodiles. Hike around on the island of Chira and then head over to the Pochote port to go the Arenal Volcano National Park, a 12,000 hectare area nestled between the mountain ranges of Guanacaste and Tilaran. There, the group will experience Costa Rica's most popular natural wonder, a highlight of any true first Costa Rican vacation. Volcanic smoke and ash are a daily visual above the conical landmark with frequent eruptions of molten rock. We will venture down either of the two main hiking trails that wind through the park, with closer views of the surrounding landscape and unobstructed sights of flowing lava.

The next day, go horseback riding in the forest until you reach La Fortuna Waterfall. Take a nature walk in the forest surrounding the waterfall and admire the view. In the water, take a bath or go for a refreshing swim. Even try cliff diving!



DAY 8

San José - B

- Touring San José
- Shuttle bus to the airport

Spend the last day exploring the urban secrets of this beautiful country while you



reflect on all your new memories. Ask the tour guide to show you the famous landmarks of this tropical city. Enjoy a final glass of sangria at a local café, just don't get carried away in the bliss and miss your flight. You will be dropped off at Santamaría International Airport and depart Costa Rica. See you back next year!

Legend: B – Breakfast, L – Lunch, D – Dinner; type of meals specified in itinerary are subject to change

**Price does not include the following: Airfare and related charges, Costa Rican exit tax, some meals, and gratuities for bus driver and tour guide*

***Additional activities offered on Day 5 cost extra and are to be paid for at time activity takes place*